

MH  
MEYERHAUGEN

SHE

Deloitte.



# SHE Leads

Shaping top leaders of tomorrow!



# Are you one of the 25 top leaders to join this program?

SHE Leads is an Executive Leadership and Mentorship program designed to encourage and enable female leaders to enter top management roles.

## Who is it for?

- Female leaders
- With 5 years+ of leadership experience (formal leader role with direct reports)
- High motivation to take the step to the top management group.
- Want to enhance your impact and influence to lead powerful and efficient teams and organisations.
- Prioritize and commit to reach your goals.
- Contribute, support and pay it forward.

## What do you get?

We have carefully selected content, learning design and professional contributors to deliver high impact training with top quality. The content is based on the latest, most extensive research on leadership and personal development.

### Knowledge

- The future of work and leadership
- Human capital trends
- Sustainable Responsibility
- Enabling Innovation
- Inclusive leadership
- Leading change processes
- Talent acquisition
- Succession Planning
- Effective Leadership Team
- Impact and influence
- Moments that Matter
- Storytelling
- Conflict resolution
- Social responsibility
- Compensation and benefits

### Personal Development

- Develop a growth mindset
- Understanding Business chemistry
- Improving relationships
- Leadership vision and Purpose
- Personal branding
- Expand my Ecosystem
- Develop communication skills
- Career development
- Negotiation skills
- Emotional intelligence
- Work life blend
- Stress mastery
- Leading diverse teams
- Mentor conversations

### Network

- Expand your professional network with 24 other like-minded leaders, 25 top leader mentors and other key people that will be involved in the program.
- Explore business opportunities
- 2 Social networking dinners
- Online membership SHE community
- Exclusive SHE Leads community group

# 3 step ultimate learning program

All the latest tools: Training labs, mentors and unique mastermind groups

## Training Labs

High impact training with top quality.

10 DAYS

## Mentorship

Tailored mentorship program for continuous support and development.

60 MIN  
X 7 SESSIONS

## Mastermind Groups

Exclusive group of like-minded individuals for instant and valuable support network.

2 HOURS  
PER MONTH

# Program breakdown

## PART 01.

### **10 Module Executive Leadership Program (Training labs)**

The Executive Leadership program is based on monthly training labs where you will gain leadership knowledge and insight. In a supportive learning space, you will be able to practice powerful tools and frameworks. Seize the moment and join a program that equips you to create massive impact and strengthen leadership capabilities in your professional and your private life.

## PART 02.

### **7 Mentor Sessions**

You will engage in a mentoring relationship that is built on trust, in which there is an exchange of knowledge, experience and goodwill. The focus is on the development of your capacity and ability to enter top management, rather than just the handing down of advice or solutions. You will set goals and build your ability to navigate new waters, with the help of the mentor. And the mentor often learns a great deal from you in return. So, the relationship is very much two-way (reversed mentoring). You will be matched with a mentor to support your personal and professional growth. The matching is based on; industry, area of expertise, personality and strengths.

## PART 03.

### **10 Mastermind Group Sessions**

You will be part of an exclusive group of like-minded individuals: An instant and valuable support network. Think bigger, get honest feedback, and advice. Brainstorm, problem-solve and create synergies together with other impactful, driven leaders. Sharpen your business and personal skills. Hold yourself and others accountable and make real progress in your business and personal life.

# Content overview

<b>Module 1</b>	<b>Onboarding and Take off</b>	Establish the learning environment. Understand my learning mindset. Using science to improve the art of relationship, through Business Chemistry
<b>Module 2</b>	<b>My Action Plan</b>	Gain insight about my leadership style, beliefs and ambitions, and mould my future plan for action. Design my next steps together with my Mentor.
<b>Module 3</b>	<b>Future of Work and Leadership</b>	What does the future look like? Making the trends of work and future of leadership applicable through a Future of Work Lab.
<b>Module 4</b>	<b>Inclusive leadership</b>	Utilize diversity of thought to challenge and innovate your business, and create an inclusive workplace.
<b>Module 5</b>	<b>My Impact and Influence</b>	Understand how Compensation and Benefits, Pay Gaps and Talent acquisition can help close the gap for female leaders. How can I develop systems that encourages myself and other female leaders to embrace top positions? CEO for the future
<b>Module 6</b>	<b>Leading Change Processes</b>	Using personal influence to make an impact. What moves can I make to create moments that matter?
<b>Module 7</b>	<b>Effective Leadership Teams</b>	Understand the human factor of change. Why change processes fail and how do I lead and facilitate the process for transforming my teams?
<b>Module 8</b>	<b>Career Development</b>	Apply tools to shape or take part in developing effective leadership teams. The management team effectiveness model
<b>Module 9</b>	<b>Branding and Presentation Skills</b>	Map and expand my ecosystem in work and life. Building strong relations with care and dedication. Personal Branding, Storytelling and presenting
<b>Module 10</b>	<b>Touch Down &amp; Landing</b>	Teach back important learning and share success stories. Appreciation and recognition of personal transformation and support. Finding my way forward with my Mentor.

**Put yourself through  
the most powerful,  
hands-on leadership  
training to get to  
the top level.**



September –  
November 2021



Januray 2022

# Practical information

**Location:** Oslo, Norway and Virtual

**Fee:** NOK 100,000

**Program Start:** January 2022

<b>Executive Leadership Program*</b>	<b>Dates*</b>
<b>Kick-off</b> SHE Leads Kick-off on Zoom	<b>January – Virtual</b> 19.01.2022 / Wednesday
<b>Module 1 &amp; 2</b> Onboarding and Takeoff & My Action Plan	<b>February – Live</b> 16–17.02.2022 / Wednesday–Thursday
<b>Module 3</b> Future of Work and Leadership	<b>March – Virtual</b> 03.03.2022 / Thursday
<b>Module 4</b> Inclusive Leadership	<b>April – Hybrid (Virtual &amp; Live)</b> 27.04.2022 / Wednesday
<b>Module 5 &amp; 6</b> My Impact and Influence & Leading Change Process	<b>June – Live</b> 31.05–01.06.2022 / Tuesday–Wednesday
<b>Module 7</b> Effective Leadership Teams	<b>August – Hybrid (Virtual &amp; Live)</b> 25.08.2022 / Thursday
<b>Module 8</b> Career Development	<b>September – Virtual</b> 19.09.2022 / Tuesday
<b>Module 9 &amp; 10</b> Branding and Presentation skills & Touch Down and Landing	<b>November – Live</b> 09–10.11.2022 / Wednesday–Thursday

\*All dates are fixed. Subject to change may occur.

\*\*Recommended dates and times. Subject to change in agreement between mentee and mentor.

\*\*\* Recommended dates and times. Subject to change in agreement between the group members.

**Contact:** For questions, please contact: [heidi@shecommunity.no](mailto:heidi@shecommunity.no)

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